

Clifton Primary Safeguarding and PSHE Overview EYFS

	1a		1b		2a		2b	3a	3b
Nursery	Mental Health- rules, friendship and control strategies	Physical Health- What happens to our bodies when we exercise?	Identity Society and Equality- Festivals- Eid, Diwali, Christmas	Keeping safe- anti bullying	Safer internet Turn off and tell	Identity Society and Equality- My family Different occupations	Physical Health- Exploring healthy foods	Keeping safe- Using tools and equipment safely	Mental Health- Solving problems with friends Transition to Reception
Reception	Mental Health- rules, friendship and control strategies	Physical Health Why exercise is important and how it keeps us healthy.	Identity Society and Equality- festivals Eid, Diwali, Christmas	Keeping safe- anti bullying	Safer internet Turn off and tell Keeping information safe	Identity Society and Equality Differences between ourselves and others	Physical Health- Healthy eating	Keeping Safe- Road Safety Visits from Police and Firefighters	Mental Health- Solving problems With friends Transition to Year One
	Mental Health- feelings- teaching a feeling weekly.								
	Identity, society and equality- Daily Friendship child and compliments								