

PSHE at Clifton Primary School.

Subject lead: Owen Lamprey

Impact and rationale

PSHE (Personal, Social, Health and Economic) education is a crucial part of a child's education. It gives children access to critical information about themselves and the many facets of the diverse world around them. At Clifton Primary School we provide a specifically tailored curriculum that is both broad and balanced, and meets the unique context of our school. We give pupils access to big ideas and conversations, alongside practical experiences. At the heart of this, we encourage respect and understanding of the universal rights of the child. At Clifton Primary, we aim to promote children's knowledge, self-esteem, emotional wellbeing and resilience, and to help them to form and maintain worthwhile and positive relationships. Children will be taught to have respect for themselves, and for others, within our local, national and global communities. We aim to develop key character skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in all relationships, and nurture sensitivity to the needs and feelings of others.

We aim to enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health and how to manage medicine and the risks of drugs, alcohol and tobacco. We aim to equip children and young people with information, skills and values to understand and to be able to cope with the physical and emotional changes that happen during puberty. The information provided will be relevant and appropriate to the age and maturity of pupils. At Clifton Primary we aim to prepare pupils adequately for adult life: its decisions, responsibilities, experiences and opportunities (including future careers,) and to allow pupils to develop fully as emotionally mature human beings.

Furthermore, we seek to ensure that pupils are ready to embrace the benefits of a digital world through education for a connected world, while remaining safe online.

Implementation

The impact of a good PSHE education cannot be understated. It forms the preparation for adult life, enabling a child to understand and face the challenges, complexities and questions that arise in a diverse world. Impact can be measured in a variety of ways.

At Clifton Primary, we recognise and celebrate the importance of the child's voice, and their individual experience of PSHE education. Pupil voice and oracy, and lessons captured through their work, will form the heart of how we measure the impact of our teaching. They will access resources provided in EVOLVE, education for a connected world.

The skills that children at Clifton will develop will include, but are not limited to:

- An understanding of their inherent, indivisible, inalienable unconditional and universal rights, and how these rights can and should be protected
- An understanding of our diverse and complex world, and an empathy and respect for the rights of all individuals

- Positive and constructive communication, with highly developed oracy skills
- Resilience and self-regulation, and a keen understanding of their own health and wellbeing, especially supporting their mental and emotional development
- Risk management and balanced decision making, within the context of a changing and challenging world. These skills are transferable to all other areas of the curriculum, and will help children to understand these areas in new ways and ensure they have the skills to ‘keep safe’ in a modern, digital world.

Additionally, these ‘soft skills’ form the basis of a child’s wider development and experience. The ability to recognise and develop good relationships, the reinforcement of positive mental and physical health, understanding how their body will change and grow, the development of respect and tolerance for all, an understanding of society and the role of the individual in a community – these are the skills that will equip our children for life.